

# RISHIKESH RETREAT

## INDIA 2018

Sri Vasudevacharya will teach the second chapter of the Taittiriya Upanishad at the Ashram of his guru, Sri Swami Dayananda Saraswati, in Rishikesh, Himalayas, for seven days in December 2018.

The second chapter of the Taittiriya Upanishad, the Brahmananda Valli, is the most important chapter of the Taittiriya Upanishad. The subject matter of this chapter is the knowledge of the Paramatma and the uncovering of the Paramatma at the core of one's being through the method of panca kosa viveka. The classes will be in English.

Swami Dayanand Ashram is spectacularly located on the banks of the Ganga at Rishikesh.

**Retreat dates: December 2nd–8th (arrive on December 1st, depart on December 9 or 10)**

### PROGRAM:

5.15am-6.15am	Temple
6.30am-7.15am	Meditation
7.30am	Breakfast
8.30am-9.30am	Taittiriya Upanishad Class
10.15am-11.15am	Taittiriya Upanishad Class
11.30am-12.15pm	Satsang and Chanting of Taittiriya Upanishad
12.30pm	Lunch
3.00pm	Tea
4.00pm-5.00pm	Taittiriya Upanishad Class
5.00pm-5.30pm	Chanting of Taittiriya Upanishad
5.30pm-6.00pm	Meditation and Contemplation
6.15pm-7.00pm	Temple
7.30pm	Dinner

### TRAVEL & ACCOMMODATION:

You must make your own arrangements to reach Swami Dayanand Ashram, Rishikesh, (see website for Swami Dayanand Ashram) on December 1st. The Ashram can send a taxi to meet trains arriving at Haridwar or flights arriving at Dehradun. The easiest way to reach Rishikesh is to fly to Dehradun.

The minimum suggested donation to the Ashram to cover accommodation and food is Indian Rupees 8,000. The Ashram has facilities to accept payment by credit card. Acharya will not be charging for his teaching.

The weather at this time of the year is normally quite chilly during early morning and evening, and mild during the day.

**Registrations close October 31.** To register, contact Archana [archana.parashar@mq.edu.au](mailto:archana.parashar@mq.edu.au)

If you wish to know the truth which the Upanishads teach, consider coming for this special week in Rishikesh.

ॐ ब्रह्मविदाप्नोति परम् । तदे  
सत्यं ज्ञानमनन्तं ब्रह्म । यो